CHAPTER V

CONCLUSION AND SUGGESTION

5.1 Conclusion

After analysing the data, the conclusions are:

There are three types of mirroring in the tonight show starring Jimmy Fallon, as the researcher has done in the analysis. There are 101 data found. There are 37 (37%) data as behavioural mirroring, 54 (53%) data as symbolical mirroring, and 10 (10%) data as exchanged matches. Based on these data, the most common type is behavioural mirroring, and the least type is exchanged matches. (see table 2 4.3)

The result of combining the use of mirroring techniques verbally is 62 scenes and visually is 39 scenes. Mirroring techniques both verbally and visually have the same positive goal and the host also adjusts it according to what is shown from the guest star so that the host can know what should be done in order to make the guest star comfortable and produce a good, comfortable atmosphere for the interview.

It is generally known that Jimmy Fallon has a cheerful and enthusiastic approach while doing interviews; it is obvious that he makes frequent use of the technique of mirroring. Through the use of mirroring, Jimmy Fallon, in his capacity as host of The Tonight Show, was able to present his guests with an effortless and attractive dynamic. By unconsciously mirroring their posture, body language, and laughter, he was able to acquire a sense of humor that was shared

by both of them. The guest star experience may also be validated through the use of mirroring, which demonstrates that the visitor has been heard and, as a result, boosts the effect of spending time with the guests. As a result of the fact that mirroring may also take place verbally, it is more than just any gesture. Jimmy either asks his own questions or responds to his own through the use of the unique vocabulary of the guest star. The fact that Jimmy Fallon imitates his guests is a significant factor in the enhancement of the connection between the host and the guest, which in turn contributes to building relationships with the guests, provide entertainment for the audience, and produce an interview experience that is unique.

In the context of human relationships, mirroring functions as a tool that is both subtle and strong, subtly influencing the manner in which an individual relates with other people. By unconsciously mimicking the body language, facial expressions, and even speech patterns of people who engage with each other, it is possible to cultivate positive connections and trust in one another. Because of this mirroring, one gets the impression that another person has had the same experience or has the same point of view. This apparent resemblance, in turn, boosts sentiments of like and comfort, which in turn makes other individuals feel more comfortable speaking with one another. One further way that mirroring might help build empathy is by perhaps reflecting back the feelings that another person is experiencing. The act of gently validating the sentiments of another person can be especially beneficial in circumstances in which the person is feeling vulnerable or anxious. Reflection, when done correctly, has the potential to

facilitate better communication, stronger connections, and encounters that are more positive and productive.

5.2 Suggestion

Based on the conclusion above, the researcher suggested:

1. For the English literature students who want to analyse NLP mirroring techniques, it can be used as a reference with different research objects.

2. For the reader, it can add knowledge about the types of NLP mirroring techniques in the interactions used between hosts and guest stars on "the tonight show starring Jimmy Fallon".

3. For further research, it is recommended to explore how the NLP mirroring technique is used in different environments or using different data sources such as differences in each person's response when this mirroring technique is applied.