

ABSTRAK

Tivany Verensia Sianipar. Analisis Hasil Praktek Perawatan Tangan dan Kaki Pada Siswa Kelas XI Tata Kecantikan SMK Swasta Gelora Jaya Nusantara. Skripsi. Fakultas Teknik. Universitas Negeri Medan. 2025.

Proses pembelajaran perawatan tangan (manicure) di sekolah melibatkan beberapa aspek, namun masih terdapat beberapa siswa yang mengalami kendala dalam proses pembelajaran khususnya pada beberapa aspek seperti: aspek teknis, kesehatan, pembelajaran, dan penerapan di dunia industri. Hal ini disebabkan siswa sering mengalami kesulitan dalam menguasai teknik perawatan yang benar serta penggunaan alat dan bahan yang sesuai, selanjutnya proses pembelajaran yang masih berpusat pada guru (*Teacher Centered*) yang membuat siswa kurang aktif dalam proses pembelajaran, dan materi pembelajaran perawatan tangan sulit dipahami siswa. Namun apabila menguasai teknik ini, perawatan tangan dapat dilakukan secara higienis, efektif, dan estetis. Penelitian ini bertujuan untuk mengetahui hasil praktek perawatan tangan siswa kelas XI tata kecantikan SMK Swasta Gelora Jaya Nusantara.

Metode penelitian ini menggunakan deskriptif. Populasi penelitian adalah 30 siswa. Pengambilan sampel menggunakan teknik *total sampling*. Analisis data menggunakan teknik deskriptif, persyaratan analisis dengan menggunakan kesepakatan pengamat dan persentase. Instrumen penelitian yang digunakan adalah lembar pengamatan hasil praktek perawatan tangan siswi SMK Swasta Gelora Jaya Nusantara yang diamati 3 orang pengamat yaitu 3 orang pengamat dari ahli yang berkompeten dibidang perawatan tangan. Data penelitian ini dikumpulkan dengan menggunakan lembar pengamatan hasil praktek perawatan tangan siswi SMK Swasta Gelora Jaya Nusantara.

Hasil penelitian yang dilakukan maka diketahui hasil rata-rata skor siswa mendapatkan 89 dengan skor tertinggi 97 dan skor terendah 80. Berdasarkan hasil penelitian dan pengolahan data secara keseluruhan maka diketahui bahwa dari 30 orang sampel penelitian menunjukkan 5 orang (20%) cenderung sangat baik, lalu 13 orang (43%) cenderung baik, dan 7 orang (23%) cenderung Cukup baik, lalu 5 orang (17%) cenderung kurang baik. Dengan demikian disimpulkan bahwa hasil praktik perawatan tangan siswa di SMK Swasta Gelora Jaya Nusantara dinilai baik.

Kata kunci : Hasil Praktik, Perawatan Tangan.

ABSTRACT

Tivany Verensia Sianipar. Analysis Of The Results Of Manicure And Padicure Practices On Grade XI Beauty Students Of Smk Swasta Gelora Jaya Nusantara. Undergraduated thesis. Universitas Negeri Medan. 2025.

The learning process of manicure in schools involves several aspects. However, there are still some students who experience obstacles in the learning process, especially in several elements such as technical aspects, health, learning, and application in the industrial world. This is because students often have difficulty mastering the correct care techniques and the use of appropriate tools and materials, then the learning process is still centered on the teacher, which makes students less active in the learning process, and manicure learning materials are difficult for students to understand. However, if you master this technique, hand care can be done hygienically, effectively, and aesthetically. This study aims to determine the results of manicure practices for grade XI students of beauty care at SMK Swasta Gelora Jaya Nusantara.

This research method uses descriptive. The study population was 30 students. Sampling using the total sampling technique. Data analysis using descriptive techniques, analysis requirements using observer agreement and percentage. The research instrument used was an observation sheet of the results of the hand care practice of students at smk swasta gelora jaya nusantara which was observed by 3 observers, namely 3 experts who are competent in the field of hand care. The data for this study were collected using an observation sheet of the results of the hand care practice of students at smk swasta gelora jaya nusantara.

The results of the study showed that the average score of students was 89 with the highest score of 97 and the lowest score of 80. Based on the results of the survey and overall data processing, it was found that out of 30 research samples, 5 people (20%) tended to be very good, 13 people (43%) tended to be good, and 7 people (23%) tended to be quite good, then 5 people (17%) tended to be less good. Thus it was concluded that the results of students' hand care practices at smk swasta gelora jaya nusantara were considered good.

Keywords: Practice Results, Manicure.