

ABSTRAK

Oxana Glori Harianja. Pengaruh Layanan Bimbingan Kelompok Teknik *Problem Solving* Terhadap Kecemasan Karir Siswa *Broken Home* di SMA Negeri 1 Batang Kuis. Skripsi. Medan: Fakultas Ilmu Pendidikan, Universitas Negeri Medan. 2025

Penelitian dilaksanakan untuk mengetahui layanan bimbingan kelompok teknik problem solving terhadap kecemasan karir siswa broken home di SMA Negeri 1 Batang Kuis Tahun Ajaran 2024/2025. Pendekatan dalam penelitian ini adalah penelitian kuantitatif metode eksperimen semu dengan menggunakan desain One Group Pre-Test dan Post-Test design. Subjek penelitian ini berjumlah 8 orang yang dipilih secara *random sampling*, dengan menggunakan skala kecemasan karir. Hasil validasi ditemukan 21 pertanyaan angket kecemasan karir valid pada populasi eksperimen sebanyak 18 siswa dengan ketentuan $r_{hitung} > r_{tabel}$. Hasil reabilitas diperoleh angket kecemasan karir dalam kategori tinggi telah memenuhi koefisien reabilitas, sehingga dapat digunakan sebagai alat pengumpulan data dengan $r_{11} > r_{tabel}$. Analisis data dalam penelitian ini menggunakan Uji Wilcoxon, dengan hasil $J_{hitung} = 11$ sedangkan $J_{tabel} = 3$, dari tabel krisis untuk uji jenjang bertanda Wilcoxon untuk $n = 8$, $\alpha = 0,05$ sesuai dengan kriteria penerimaan dan penolakan hipotesis, hipotesis dapat diterima jika $J_{hitung} > J_{tabel}$ dimana $11 > 3$. Hal ini dapat dilihat melalui hasil perhitungan dengan skor awal Pre-test diperoleh total 561 dengan rata-rata 70,13 dan skor Post-test diperoleh total 355 dengan rata-rata 44,38 maka dapat diketahui bahwa perhitungan kecemasan karir siswa mencapai 48,47. Berdasarkan temuan hasil penelitian tersebut, menunjukkan bahwa ada pengaruh layanan bimbingan kelompok teknik problem solving terhadap kecemasan karir siswa broken home di SMAN 1 Batang Kuis Tahun Ajaran 2024/2025.

Kata Kunci: Layanan Bimbingan Kelompok *Problem Solving*, Kecemasan Karir.

ABSTRACT

Oxana Glori Harianja. The Effect of Problem Solving Technique Group Guidance Services on Career Anxiety of *Broken Home Students* at SMA Negeri 1 Batang Kuis, Skripsi. Medan: Faculty of Education, State University of Medan. 2025.

The research was carried out to determine the guidance services of the problem solving technique group for career anxiety of broken home students at SMA Negeri 1 Batang Kuis for the 2024/2025 Academic Year. The approach in this study is a quantitative quasi-experimental methods using the One Group Pre-Test and Post-Test design. The subjects of this study are 8 people who are random sampling, using a career anxiety scale. The validation results found that 21 valid career anxiety questionnaire questions in the experimental population of 18 students with the provision that $r_{\text{count}} > r_{\text{table}}$. The results of the reliability obtained were that the career anxiety questionnaire in the high category had met the reliability coefficient, so that it could be used as a data collection tool with $r_{11} > r_{\text{table}}$. Data analysis in this study uses the Wilcoxon Test, with the result of $J_{\text{count}} = 11$ while $J_{\text{table}} = 3$, from the crisis table for the Wilcoxon signed-rank test for $n = 8$, $\alpha = 0.05$ according to the criteria for acceptance and rejection of the hypothesis, the hypothesis can be accepted if $J_{\text{count}} > J_{\text{table}}$ where $11 > 3$. This can be seen through the results of the calculation with the initial score of the Pre-test obtained a total of 561 with an average of 70.13 and the Post-test score obtained a total of 355 with an average of 44.38, it can be seen that the calculation of students' career anxiety reaches 48.47. Based on the findings of the research, it shows that there is an effect of problem solving technique group guidance services on the career anxiety of broken home students at SMAN 1 Batang Kuis for the 2024/2025 Academic Year.

Keywords: Problem Solving Group Guidance Services, Career Anxiety.