

## CHAPTER V

### CONCLUSION AND SUGGESTION

This chapter carries out the conclusions that the researcher from the research findings and discussion. An explanation of the conclusions was provided according to the research problem. Apart from conclusions, several suggestions can also be given to improve further research regarding the scope of the research.

#### 5.1 Conclusion

The main objective of this study was to examine Nora's identity crisis, the major character in the novel "The Midnight Library," from a perspective of psychology. Based on the novel analyzed, the most common kind of identity crisis faced by Nora was "identity deficit," which is defined as a loss of meaning and purpose in life, unhappiness with one's own achievements, and feelings of suicide.

The most dominant cause of Nora's identity crisis is deep regret over unfulfilled dreams. Other significant factors include parental ambivalence, which creates confusion in determining life direction, and the tendency to live according to other people's expectations rather than one's own desires. Apart from that, Nora's inability to make firm and consistent decisions also exacerbates the identity crisis she was experiencing.

The use of textual analysis with Baumeister et al (1985) theory showed that Nora's identity crisis was mainly displayed through narrative and dialogue that describes her chaotic feelings and the life choices she faces. Nora's journey in the Midnight Library allowed her to explore the possibilities of her existence through

a metaphysical library between life and death, helping her comprehend her values and desires.

This study showed that an identity crisis can be expressed through literary works, as evidenced by Nora's journey in this novel. This study also showed how psychological problems such as identity crises can be deeply comprehended through character analysis in literary works.

## 5.2 Suggestion

Researcher suggests that readers approach literary works via a psychological lens. Readers who analyze literary texts utilizing psychology may be able to relate more with the characters and discover new meanings in the story to appreciate. Aside from that, the researcher thinks that reading this research will help readers comprehend the meaning of identity crisis and how it is represented in literary writings. It would be great if readers could learn more about the identity problem in real life, as it encompasses mental health difficulties.

The researcher expects that this research will contribute to future research on literary analysis, particularly for scholars interested in psychological literary criticism. The issue of identity crisis should also be used to analyze other literary texts. Furthermore, the researcher advises that other researchers take a different strategy when using the novel *Midnight Library* as a research object.