

CHAPTER I

INTRODUCTION

A. Background of the Study

Literature is the portrait of the human experiences, through literature readers are able to understand the aspect of life without roving the entire of the world. Through the number of the authors and literary works those readers ever read, they are able to develop their imagination to understand the aspect of life. Literature is a creative work of a thought process to convey ideas, experiences, and systems thinking or theory. Abrams (Norton, Rushton, 1957) expressed that "literature as a raw expression of what he/she had witnessed, experienced and felt by people about aspects of life". Thus, literary works will be revealed through human appreciation of the deepest in the world.

Literary works not only as modifying of imagination, but also as a mirror of society. In this case Hailmaan (1970) says that, "the literary works records of suffering and hope of a society, so that the nature and problems of an era can be read in the literature". literature is a direct reflection of various aspects of social structure. In its development, literary works have many forms. The major forms of literature are novel, poem, drama, short story, and novella. These main forms of literature can be written in various genres. Genre is a category characterized by similarities in form, style, or subject matter. The classic major genres of literature: Comedy, Romance, Tragedy, and Satire. The major literary works take factual themes that reflected by the real-life at the time the works are produced. These

forms of literary works represent two dimensions: the idea and the works itself. According Usually the first three are classified as imaginative literature: myths, parables, romances, novels, short story. Then the last one is nonfiction prose. It consists of news reports, feature articles, essays, editorials, textbooks, historical and biographical works. Each of those genres is in literature different each other, for instance, prose is narration, while poetry is in rhyme and rhythm, and drama is in its dialogue and action and then nonfiction prose present the truth of the factual world. The literary works present as depiction of life. Many kinds from reality of human life portrayed in. Usually, human life and the reality which is portrayed in the works based on the society background of the author in different place and time. Then the readers will be able to understand and get many experience of life from reading the literary works.

The study of literature, which is interdisciplinary in nature, has brought together literature with various other branches of science. Literary psychology is used as a literary study to read and interpret literary works, the authors of literary works and their readers, using various concepts and theoretical frameworks in psychology. Psychology means spirit, soul or life force, so it can be interpreted that psychology is the study of a person's psyche. According to Rohman (2017: 186) argues that literary studies that view works as mental activities, authors will use creativity, taste and works in their work. Meanwhile, according to Endraswara in Rohman (2017: 186) explains that literary and psychological works have close links, indirectly and functionally. Both literature and psychology have similarities in the study of their object, namely human life. While psychology and literature

have a functional relationship because they both study the mental state of others, the difference is that in psychology the symptoms are real, while in literature they are imaginative.

Literature and psychology can be symbiotic in their role in life, because both have a function in this life. Both are equally dealing with human problems as individual beings and social beings. Both use the same foundation, namely to make human experience as a material for study. Therefore, the literary psychology approach is considered important in its use in literary research. So a few conclusions can be drawn that there is a relationship between literature and psychology as a language of literary analysis, through a psychological approach it must be included and preceded by literary theories. That is, the study of literary texts that reflect the character of characters who have problems in psychological relationships must be observed. How does the author display a psychological picture through the character's character conveyed by the author through various perspectives or language styles Psychology as a science that has developed in accordance with the study space. Walgito (2004: 23 24) distinguishes various branches of psychology into general psychology and special psychology. General psychology researches and studies human activities or activities whose activities are in general, adult, normal, and cultured behavior. General psychology views humans as if they were detached from their relationship with other humans. Specialist psychology researches and studies the specific aspects of human psychic activity. One example that is often encountered in general psychology is anxiety. Anxiety is a term that describes the disorder can have characteristics,

namely fear, fear of the future, prolonged, and nervous. Anxiety can be characterized by feelings of tension, worry and physical changes such as increased blood pressure. People with anxiety disorders usually have recurring or disturbing thoughts. They may avoid certain situations out of worry.

Anxiety arises from a transformation of the accumulated tension. (Sigmund Freud : 1890). At this early stage he didn't consider anxiety to be related to thoughts or ideas, but he did observe that it was closely linked to sexuality, defining it as sexual excitation that has been transformed. Meanwhile according to (jatman 2000:37) Anxiety is a natural and natural thing to happen in human life. anything, anywhere and anytime can happen and always accompanies the human heart. People who do not have anxiety are abnormal, because they do not have or lose the sense that God has given them. but if anxiety is not controlled it will endanger the life and hinder success. Anxiety comes from the Latin *anxius* and in German *anGst* then becomes *anxiety* which means anxiety is a word used by Freud to describe a negative effect and arousal.

The main character's personality in Veronica Roth's *Divergent* also experiences development. The focus of this study is on the development of the main character's psychology. Many factors can influence the main character's personality development. However, the researcher focuses on revealing the main character's personality development and how the environment influences it. Although this novel does not portray Tris, the main character, as an extraordinary figure, she is narrated as a round character whose personality changes drastically.

In general, the story tells of a city divided into five factions: Abnegation, Amity, Candor, Erudite, and Dauntless. Each faction is likely to represent personality characteristics. Divergent novel takes place in a post apocalypse nation named Chicago. The government of Chicago divided the society into five factions to create a better, more peaceful world than the one that existed before. The city of Chicago is said to be abandoned and in ruins due to the collapse of the last society, but the new society is currently renovating the city from the heart of the city outwards. All events in the book take place in the five factions, including Abnegation, Erudite, Dauntless, Amity, and Candor (Divergent novel, 2011).

At the age of 16, every boy and girl must decide whether they live with their parents in the faction where they grow up, or they will be happy to look away from each other. Beatrice Prior is an old Tris' nickname appointed in the Abnegation faction that respects selflessness. Examination of talent is mandatory that should conclude someone's perfect fraction. Usually, humans have one result, but Tris has three, known as "Divergent."

Tris characteristics have developed from the beginning to the end of the story. The reason for Tris personality development is because of her experiences through good and bad situations. The influence of people in her environment, such as family and friends, also plays an essential role in Tris' personality. Through the novel, readers can find out how families in past lives can impact one's personality and how a character can change when he/ she interact, socializes, or be friends with others.

One of the novel's interesting parts is the development of the main

characters to overcome apparent problems as a result of environmental influences. From the novel, readers can see the importance of an essential figure in changing and developing someone's personality. Readers can also learn that someone's personality development can be influenced by situations (this is to say, such an environment as family and friends) in his/ her life. The topic of personality development is, therefore, always exciting to discuss.

The researcher has some reasons to choose *Divergent* novel as an object of this research. The first reason is about the story. The story in this novel has genre about adolescent, family, and society. This novel has a complex story and has point of view about the deviant behavior of Beatrice character, although she gets pressure by her social rules, especially the pressure for adolescent to choose the faction. She follows the rules, but always shows her disagreement. For example, she seeks the freedom to act, to choose, to do everything without following the rules of society.

The second reason is related to the character. The main character in this novel is an adolescent, she is sixteen years old, and she is the main character of this novel. She has a family who loves her so much but they always remind her about the rules of their faction. It makes her feel uncomfortable with the environment, so she tried to show her disagreement.

This study would be focusing on what anxiety experience by Tris and how she copes with her anxiety by using an ego defense mechanism. This research would use psychoanalysis theory by Sigmund Freud, especially anxiety theory. Based on the Sigmund Freud theory, The defense mechanism is an unconscious

behavior or subconscious so that individuals feel they are getting something that is needed even though the reality is not there. Another meaning of defense mechanism is a person's desire to don't accept anything he doesn't want though the reality is there. Under certain conditions, a defense mechanism is something that is very neglected in a person. Besides that, naturally, the defense mechanism is something that existed early in life. A defense mechanism on the principle emerges in a person when confronted with situations that cause anxiety. People tend to hide negative things in him. This situation is not beneficial in the development of one's personality. Here the examples of anxiety in divergent novel:

“Becoming fearless isn't the point. That's impossible. It's learning how to control your fear, and how to be free from it.” — **Veronica Roth, Divergent**

In this sentence Veronika says fear is not the point in the game they do. Everyone has to fight their anxiety, in other words there are many fears in this novel that will be raised by the characters.

B. Problem of the Study

Based on the background of study the statements of problems are formulated as follow:

1. What categories of anxiety do Beatrice Prior character experience in *Divergent* Novel?
2. How does Beatrice Prior use the defense mechanism to cope her anxiety in *Divergent* Novel?

C. Objectives of the Study

In this research, the researcher is intended to find out that their objectives based on the problem that has been decided:

1. To Find Out Categories anxiety of Beatrice Prior character experience in *Divergent* Novel,
2. To analyze the forms of Beatrice Prior defense mechanism used to cope her anxiety in *Divergent* Novel

D. Scope of the Study

This study focuses on Beatrice Prior anxiety. The analysis of anxiety is necessary to use personality theory to support the data analysis. Furthermore, to make clear in this analysis the study uses psychoanalysis theory. It is also important to limit this study in Beatrice Prior personal.

E. Significant of the Study

Theoretically, this study can provide insights into how Beatrice Prior environment influences a character's personality development in literary work. Practically, in this research, the writer wants to contribute to the development of literary studies. It might help future researchers who wish to analyze the *Divergent* Trilogy by applying an appropriate Anxiety approach.