

ABSTRAK

NURANISA FISKA. Pengaruh Konseling Kelompok Teknik *Role Playing* Terhadap Perilaku *Bullying* Verbal Pada Siswa Kelas X SMAN 1 Batang Kuis. Skripsi. Medan: Fakultas Ilmu Pendidikan. Universitas Negeri Medan. 2024.

Penelitian ini bertujuan untuk mengetahui pengaruh konseling kelompok teknik *role playing* terhadap perilaku *bullying* verbal pada siswa kelas X SMAN 1 Batang Kuis. Metode yang digunakan dalam penelitian ini adalah metode kuantitatif. Jenis penelitian ini *quasi-eksperimen* dengan *pre-test* dan *post-test design*. Sampel dalam penelitian ini adalah 8 orang siswa kelas X memiliki skor perilaku *bullying* verbal yang tinggi. Data penelitian ini dikumpulkan dengan instrumen perilaku *bullying* verbal berjumlah 41 item pernyataan yang sudah divalidkan dan reliabel. Instrumen diberikan sebelum dan sesudah pelaksanaan konseling kelompok teknik *role playing*. Data dianalisis menggunakan *uji wilcoxon* untuk melihat apakah ada pengaruh signifikan pemberian konseling kelompok teknik *role playing* terhadap perilaku *bullying* verbal. Data hasil perhitungan skor rata-rata *pre-test* diperoleh 133, sedangkan skor rata-rata *post-test* 74,62. Maka hasil uji jenjang *wilcoxon* diperoleh $J_{hitung} = 6$ sedangkan $J_{tabel} = 4$. Maka hasil jenjang uji bertanda *wilcoxon* untuk $n = 8$, $\alpha = 0,05$ sesuai dengan kriteria penerimaan dan penolakan hipotesis, hipotesis diterima jika $J_{hitung} > J_{tabel}$ dimana $6 > 4$, artinya hipotesis diterima. Hal ini menunjukkan ada pengaruh konseling kelompok teknik *role playing* terhadap perilaku *bullying* verbal pada siswa kelas X SMAN 1 Batang Kuis.

Kata Kunci : Konseling Kelompok, Teknik *Role Playing*, Perilaku *Bullying* Verbal

ABSTRACT

NURANISA FISKA. The Effects of Engineering Group Counseling Role Playing Against Behavior Bullying Verbal in Class X Students of SMAN 1 Batang Kuis. Skripsi. Medan: Faculty of Education. Universitas Negeri Medan. 2024.

This research aims to determine the effect of technical group counseling role playing towards behavior bullying verbal in class X students of SMAN 1 Batang Kuis. The method used in this research is a quantitative method. This type of research quasi-experiment with pre-test and post-test design. The sample in this study was 8 class X students with behavior scores bullying high verbal. This research data was collected using behavioral instruments bullying verbal totaling 41 statement items that have been validated and reliable. Instruments were given before and after the implementation of technical group counseling role playing. Data were analyzed using uji wilcoxon to see whether there is a significant effect of providing technical group counseling role playing towards behavior bullying verbal. Data from the calculation of the average score pre-test obtained 133, while the average score post-test 74.62. So the results of the level test wilcoxon obtained $J_{count} = 6$ while $J_{table} = 4$. Then the test level results are marked wilcoxon for $n = 8$, $\alpha = 0.05$ according to the criteria for acceptance and rejection of the hypothesis, the hypothesis is accepted if $J_{count} > J_{table}$ where $6 > 4$, meaning the hypothesis is accepted. This shows that there is an influence of technical group counseling role playing towards behavior bullying verbal in class X students of SMAN 1 Batang Kuis.

Keywords: Group Counseling, Technique Role Playing, Behavior Bullying Verbal