

ABSTRAK

FARADILLA RIFLIN. Hubungan Profil Kepribadian Dengan *Psychological Well-Being* Pada Siswa Jurusan Teknik Pemesinan SMK Negeri 1 Percut Sei Tuan TA. 2023/2024. Skripsi. Medan: Fakultas Ilmu Pendidikan. Universitas Negeri Medan. 2024.

Penelitian ini bertujuan untuk mengetahui hubungan antara profil kepribadian dengan *psychological well-being* pada siswa Jurusan Teknik Pemesinan SMK Negeri 1 Percut Sei Tuan TA. 2023/2024. Penelitian ini merupakan penelitian korelasional dengan pendekatan kuantitatif. Populasi penelitian ini adalah seluruh siswa kelas X dan kelas XI Jurusan Teknik Pemesinan yang berjumlah 120 siswa. Adapun teknik pengambilan sampel yang digunakan, yaitu teknik total sampling. Instrumen pengumpulan data dalam penelitian ini, yaitu skala kepribadian *big five inventory* dan skala *psychological well-being*. Uji validitas penelitian ini menggunakan *pearson/product moment*, sementara uji reliabilitas menggunakan *cronbach's alpha*. Adapun teknik analisis data yang digunakan, yaitu uji normalitas, uji linearitas dan uji hipotesis. Uji hipotesis dilakukan dengan uji korelasi *Pearson Product Moment*. Berdasarkan hasil pengujian tersebut ditemukan adanya hubungan antara profil kepribadian dengan *psychological well-being* pada siswa Jurusan Teknik Pemesinan SMK Negeri 1 Percut Sei Tuan TA. 2023/2024. Adapun hubungan yang ditemukan antar variabel tersebut, yaitu hubungan positif yang signifikan dan cukup kuat dengan nilai signifikansi sebesar 0,000 ($< 0,05$) dan nilai koefisien korelasi sebesar 0,403. Kemudian, pengaruh profil kepribadian terhadap *psychological well-being*, yaitu sebesar 16,3%. Sehingga, 83,7% *psychological well-being* dipengaruhi oleh faktor lain, seperti faktor demografis, meliputi usia, jenis kelamin, budaya, dan status pernikahan; religiusitas; dukungan sosial; stress; penghasilan; faktor pendidikan; dan aktivitas intensional.

Kata Kunci: Profil Kepribadian, *Psychological Well-Being*

ABSTRACT

FARADILLA RIFLIN. The Relationship between Personality Profile and Psychological Well-Being in Students of the Department of Machining Engineering at SMK Negeri 1 Percut Sei Tuan TA. 2023/2024. Skripsi. Medan: Faculty of Education. Universitas Negeri Medan. 2024.

This study aims to determine the relationship between personality profile and psychological well-being in students of the Department of Mechanical Engineering, SMK Negeri 1 Percut Sei Tuan TA. 2023/2024. This research is a correlational research with a quantitative approach. The population of this study is all students of class X and class XI of the Department of Mechanical Engineering totaling 120 students. The sampling technique used is the total sampling technique. The data collection instruments in this study are the big five inventory personality scale and the psychological well-being scale. The validity test of this study used pearson/product moment, while the reliability test used cronbach's alpha. The data analysis techniques used are normality tests, linearity tests and hypothesis tests. The hypothesis test was carried out by the Pearson Product Moment correlation test. Based on the results of the test, it was found that there was a relationship between personality profile and psychological well-being in students of the Department of Mechanical Engineering, SMK Negeri 1 Percut Sei Tuan TA.2023/2024. The relationship found between these variables is a significant and fairly strong positive relationship with a significance value of 0.000 (< 0.05) and a correlation coefficient value of 0.403. Then, the influence of personality profile on psychological well-being, which is 16.3%. Thus, 83.7% of psychological well-being is influenced by other factors, such as demographic factors, including age, gender, culture, and marital status; religiosity; social support; stress; income; educational factors; and intentional activities.

Keywords: Personality Profile, Psychological Well-Being