

CHAPTER V

CONCLUSIONS AND SUGGESTIONS

5.1 Conclusions

Based on research data collected through observation and interviews in the SMP Muhammadiyah 1 Medan grade VIII, the following conclusions were reached by the researcher:

1. The study discovered that there are a number of aspects that contribute to students' anxiety during oral presentations in the classroom. These include test anxiety, communication apprehension, and fear of negative evaluation.
2. The researcher identified a number of causes that influence students' anxiety during oral presentations in a classroom, including: speaking, particularly in classroom presentations, was brought about by a number of causes. These include going blank, a limited vocabulary, bad grammar, poor pronunciation, a fear of making mistakes and facing ridicule, and a lack of preparation, fear of bad evaluation.

5.2 Suggestions

Following are some ideas that can be taken into account based on the findings from this chapter:

1. For the teachers

The researcher believes that teachers can provide the students with anxiety management strategies. For instance, if students appeared apprehensive, the

teacher may motivate them. Because the teacher's encouragement can boost students' confidence to speak in front of the class. Students will undoubtedly feel at ease when learning foreign languages with strong motivation. In order to increase students' aptitude, particularly when learning a foreign language, motivation might take the form of praise or additional value.

2. For the next researcher

By being aware of the aspects and causes of students anxiety. The author wishes that future researchers could identify additional aspects that influence students' anxiety as well as additional coping mechanisms, and strategies to reduce students anxiety. The author also suggests that the following researcher conduct an interview with the lecturer in order to add data from the lecturer's perspective on the causes of students' worry and the strategies employed by students to deal with it.