

DAFTAR GAMBAR

	Halaman
Gambar 2.1. Kuda-Kuda (Dachi).....	16
Gambar 2.2. Tangkisan (Uke)	17
Gambae 2.3. Pukulan (Tsuki)	17
Gambar 2.4. Tendangan (Geri)	18
Gambar 2.5. Skema Pengembangan Borg and Gall.....	27
Gambar 3.1 Skema prosedur pengembangan hasil adaptasi dari prosedur Pengembangan Borg & Gall	37
Gambar 3.2 <i>Instructional Model of Self defense embrace shoulder</i>	39
Gambar 3.3. <i>Instructional Model of Self defense hugged from behind</i>	42
Gambar 3.4. <i>Model of Self defense touch chin</i>	44
Gambar 3.5. <i>Instructional Model of Self defense firearms</i>	45
Gambar 3.6. <i>Instructional Model of Self defense pull clothes</i>	48
Gambar 4.1. Produk Sebelum Revisi.....	66
Gambar 4.2. Produk Setelah Revisi	74

