

## CHAPTER V

### CONCLUSIONS AND SUGGESTIONS

The researcher writes this chapter to show the conclusions of the research that the researcher has done so far and also to provide suggestions for readers, the public and other researchers who want to research Psychoanalysis in a literary work.

#### A. Conclusions

Based on the analysis of internal and external factors and psychoanalysis found in this study, the conclusions that researcher get are as follows:

1. After the research was completed, the researcher found that when someone experiences a problem regarding fatness and insecurity, there must be factors that cause these problems. These factors are internal factors and external factors. These factors are found in the problems experienced by Renee, the main character. The internal factor experienced by Renee came from her own mind which was always insecure about her body and finally, she always felt inferior and thought that other people were always prettier than herself. The external factor itself came from other people who mocked Renee which caused insecurities to form in Renee.
2. This study concludes that the best way to overcome the problem of insecurities, fatness and body shaming is to have high self-confidence

and be very ignorant of what other people say about us. With this high self-confidence, Renee was able to get the job she had always dreamed of, which was to become a receptionist.

3. This research also has a reason that everything will be passed by accepting ourselves, loving ourselves more and remaining confident. Renee invites us all to continue to be proud of the achievements we have made so far.

## **B. Suggestions**

In this study, the researcher realized that there were still many weaknesses in this study. Therefore, several suggestions are suggested to readers who will research about psychoanalysis in literary works such as the movie below:

1. This research is expected for readers who want to increase their knowledge of literary psychoanalysis so that they can add insight to psychoanalysis study which are still a few people interested in this study.
2. It is also hoped that future researchers will spread their knowledge about psychoanalysis after reading this research to people out there.
3. Hoping those ordinary people to learn more about insecurity, fatness and body shaming so that it does not happen to other people anymore.