

ABSTRAK

ALDI PRANATA BARUS. Analisis Pada Kemampuan Motorik Kasar Usia 5-6 Tahun Dalam Permainan Sepakbola Di TK Negeri Pembina Sibolangit T.A 2022/2023. Skripsi. Medan: Fakultas Ilmu Pendidikan Universitas Negeri Medan. 2023.

Penelitian ini dilaksanakan dengan tujuan untuk mendeskripsikan kemampuan motorik kasar anak usia 5-6 tahun pada aspek: 1) Kekuatan, 2) Kelincahan, 3) Keseimbangan melalui permainan sepakbola di TK Negeri Pembina Sibolangit Kecamatan Sibolangit Kabupaten Deli Serdang. Jenis penelitian yang digunakan merupakan kualitatif deskriptif. Subjek dalam penelitian ini kelas matahari yang berjumlah 10 orang anak usia 5-6 tahun. Teknik pengumpulan data dalam penelitian adalah dengan observasi. Teknik analisis data dilakukan melalui reduksi data, penyajian data, dan penarikan kesimpulan. Keabsahan data diuji dengan menggunakan triangulasi proses. Hasil penelitian menunjukkan bahwa: 1) kemampuan motorik kasar anak pada aspek kekuatan menunjukkan 70% sudah berkembang sesuai harapan dan 30% belum berkembang sesuai harapan. 2) kemampuan motorik kasar anak pada aspek kelincahan menunjukkan 60% anak berkembang sesuai harapan dan 40% belum berkembang sesuai harapan. 3) kemampuan motorik kasar anak pada aspek keseimbangan, kemampuan anak 80% sudah berkembang sesuai harapan dan 20% belum berkembang sesuai harapan.

Kata Kunci : Motorik Kasar Anak, Permainan Sepakbola



ABSTRACT

ALDI PRANATA BARUS Analysis of Gross Motor Skills Aged 5-6 Years in Football Games at the Pembina Sibolangit State Kindergarten T.A 2022/2023. Skripsi. Medan: Faculty of Education. State University of Medan. 2023.

This research was conducted with the aim of describing the gross motor skills of children aged 5-6 years in the aspects of: 1) Strength, 2) Agility, 3) Balance through playing football at Pembina Sibolangit State Kindergarten, Sibolangit District, Deli Serdang Regency. The type of research used is descriptive qualitative. The subjects in this study were 10 children aged 5-6 years in the sun class. Data collection techniques in research is by observation. Data analysis techniques are carried out through data reduction, data presentation, and drawing conclusions. The validity of the data was tested using process triangulation.

The results showed that: 1) the gross motor skills of children in the strength aspect showed that 70% had developed as expected and 30% had not developed as expected. 2) children's motor skills in the agility aspect show that 60% of children develop as expected and 40% have not developed as expected. 3) gross motor skills of children in the aspect of balance, 80% of children's abilities have developed as expected and 20% have not developed as expected.

Keywords: Children's Gross Motoric, Football Game

