ABSTRAK

MARLINA JUNIWATI SIHOTANG. Pengaruh Layanan Bimbingan Kelompok Teknik *Self-Management* Terhadap Keputusan Karir Siswa Kelas XI IPS SMA ST Petrus Medan T.A 2023/2024. Skripsi. Medan: Fakultas Ilmu Pendidikan. Universitas Negeri Medan 2024.

Penelitian ini bertujuan untuk mengetahui gambaran pengaruh layanan bimbingan kelompok Teknik *self-management* terhadap keputusan karir siswa kelas XI IPS SMA ST Petrus Medan 2023/2024. Metode yang digunakan dalam penelitian ini adalah metode kuantitatif dengan jenis penelitian *Quasi eksperiment* dengan rancangan *Pre-test – Post test group design*, sampel penelitian berjumlah 8 orang siswa kelas XI IPS yang memiliki skor keputusan karir yang rendah. Pengambilan sampel dengan menggunakan *purposive sampling*. Alat pengumpulan data dengan pemberian kuesioner (angket) keputusan karir. Analisis data uji Wilcoxon untuk melihat perubahan yang terjadi sebelum dan sesudah diberikan perlakuan. Hasil penelitian memperoleh rata rata *pre-test* sebesar 72,875 dan rata rata *Post-test* 128.875. Diperoleh dari uji Wilcoxon menunjukkan bahwa uji jenjang $J_{hitung} = 36$ sedangkan $J_{tabel} = 4$, nilai kritis J untuk jenjang bertanda Wilcoxon $\alpha = 0.05$ dan n = 8 sesuai dengan kriteria penerimaan dan penolakan hipotesis, hipotesis diterima jika $J_{hitung} > J_{tabel}$ dimana $36 > 4$, dari perhitungan ini dapat dilihat perlakuan pada kelompok eksperimen artinya hipotesis berbunyi adanya pengaruh layanan bimbingan kelompok teknik *self-management* terhadap keputusan karir siswa kelas XI IPS SMA ST Petrus Medan tahun ajaran 2023/2024 dapat diterima.

Keywords: Bimbingan Kelompok, *Self-Management*, Keputusan Karir

ABSTRACT

MARLINA JUNIWATI SIHOTANG. The Influence of Self-Management Engineering Group Guidance Services on the Career Decisions of Class XI IPS Students at ST Petrus High School Medan T.A 2023/2024. Skripsi. Medan: Faculty of Education, Universitas Negeri Medan. 2024.

This research aims to describe the influence of self-management technique group guidance services on the career decisions of class XI IPS students at SMA ST Petrus Medan 2023/2024. The method used in this research is a quantitative method with a Quasi-experimental research type with a Pre-test - Post test group design, the research sample consisted of 8 students in class XI IPS who had low career decision scores. Sampling was taken using purposive sampling. Data collection tool by administering career decision questionnaires. Analysis of Wilcoxon test data to see changes that occur before and after treatment. The research results obtained a pre-test average of 72.875 and a post-test average of 128.875. Obtained from the Wilcoxon test shows that the level test Jcount = 36 while Jtable = 4, the critical value J for the level marked Wilcoxon $\alpha = 0.05$ and n = 8 is in accordance with the criteria for acceptance and rejection of the hypothesis, the hypothesis is accepted if Jcount>Jtable where $36 > 4$, from This calculation can be seen from the treatment in the experimental group, meaning that the hypothesis states that the influence of self-management technical group guidance services on the career decisions of class XI IPS students at ST Petrus Medan High School in the 2023/2024 academic year is acceptable.

Keywords: Group Guidance, Self-Management, Career Decisions