

DAFTAR GAMBAR

	Hal
Gambar 2.1. Lapangan Sepakbola.....	7
Gambar 2.2. Bola Kaki.....	7
Gambar 2.3. Tendangan Dengan Punggung Kaki.....	10
Gambar 2.4. Skema Sistem Tangga.....	12
Gambar 2.5. Jenjang Latihan.....	13
Gambar 2.6. Latihan <i>Shooting After Passing</i> I.....	15
Gambar 2.7. Latihan <i>Shooting After Passing</i> II.....	16
Gambar 2.8. Latihan <i>Shooting After Passing</i> III.....	17
Gambar 2.9. Latihan <i>Shooting After Passing</i> IV.....	18
Gambar 2.10. Latihan <i>Shooting After Passing</i> V.....	19
Gambar 2.11. Latihan <i>Shooting Statis</i> I.....	21
Gambar 2.12. Latihan <i>Shooting Statis</i> II.....	22
Gambar 2.13. Latihan <i>Shooting Statis</i> III.....	23
Gambar 2.14. Latihan <i>Shooting Statis</i> IV.....	24
Gambar 2.15. Latihan <i>Shooting Statis</i> V.....	25
Gambar 3.1. Instrumen Tes <i>Shooting</i>	33
Gambar 4.1 Data <i>Pre Tes</i> Dan <i>Post Tes</i>	36