

EFEKTIVITAS PEMBELAJARAN PENJAS PADA MASA PANDEMI COVID-19 DI SMP SE-KECAMATAN STABAT

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ABSTRAK

Penelitian ini dilatar belakangi oleh beberapa waktu yang lalu dikarenakan adanya wabah COVID-19 yang melanda dunia diakhir tahun 2019 hingga saat ini diawal tahun 2022, pemerintah menerbitkan peraturan baru untuk siswa di liburkan beberapa waktu namun siswa tetap dianjurkan belajar dari rumah sehingga sudah beberapa tahun ini para guru harus lebih kreatif dan interaktif untuk menyampaikan pembelajaran. Salah satunya di SMP Se-Kecamatan Stabat yaitu SMP Negeri 1 Stabat, SMP Negeri 5 Stabat, dan SMP Swasta Hangtuah Stabat yang dimana proses belajar siswa tetap dilaksanakan melalui aplikasi *google form* dan *Whatsapp*.

Penelitian ini bertujuan untuk mengetahui efektivitas pembelajaran daring pada mata pelajaran penjas di SMP Se-Kecamatan Stabat. Penelitian ini merupakan penelitian deskriptif dengan metode survei. Teknik pengumpulan data menggunakan instrumen angket yang jumlah sampelnya sebanyak 90 orang siswa. Teknik analisis data yang digunakan untuk menyajikan data menggunakan statistik deskriptif dengan presentase.

Hasil penelitian ini menunjukkan tingkat efektivitas pembelajaran penjas di SMP se-kecamatan Stabat tahun ajaran 2021/2022 pada masa pandemi covid-19 adalah pada tingkat “rendah”. Dengan kategori “Sangat Tinggi” sebanyak 14% dari keseluruhan responden, kategori “Tinggi” sebanyak 17% responden, kategori “Sedang” sebanyak 21% responden, kategori “Rendah” sebanyak 47% responden, dan kategori “Sangat Rendah” sebanyak 1% dari total keseluruhan responden. Hasil tersebut menunjukkan tingkat efektifitas pembelajaran penjas di SMP se-kecamatan Stabat terlaksana dengan “kurang”.

Diharapkan Guru dapat meningkatkan kualitas dalam melaksanakan pembelajaran penjas agar dapat meningkatkan kemampuan siswa di SMP Se-Kecamatan Stabat.

Kata kunci : Efektivitas, Pembelajaran Penjas di Masa Pandemi Covid-19.

THE EFFECTIVENESS OF LEARNING EFFECTS OF EDUCATIONAL TECHNOLOGY AT THE TIME OF THE COVID-19 PANDEMIC IN JUNIOR HIGH SCHOOL IN STABAT DISTRICT

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ABSTRACT

This research was motivated by some time ago due to the COVID-19 outbreak that hit the world at the end of 2019 until now at the beginning of 2022, the government issued a new regulation for students to take some time off but students are still encouraged to study from home so it's been several years teachers need to be more creative and interactive to deliver learning. One of them is in SMP Negeri 1 Stabat, SMP Negeri 5 Stabat, and SMP Swasta Hangtuah Stabat where the student learning process is still carried out through the Google Form application and Whatsapp.

This study aims to determine the effectiveness of online learning on physical education subjects in junior high schools throughout the Stabat sub-district. This research is a descriptive research with survey method. The data collection technique used a questionnaire instrument with a total sample of 90 students. The data analysis technique used to present the data is descriptive statistics with percentages.

The results of this study indicate that the level of effectiveness of physical education learning in junior high schools in the Stabat sub-district for the 2021/2022 academic year during the covid-19 pandemic is at a "low" level. With the "Very High" category as many as 14% of the total respondents, the "High" category as many as 17% of the respondents, the "Medium" category as many as 21% of the respondents, the "Low" category as many as 47% of the respondents, and the "Very Low" category as much as 1% of the respondents. the total of all respondents. These results indicate that the level of effectiveness of physical education learning in junior high schools in the Stabat sub-district is carried out "less".

It is expected that teachers can improve the quality in carrying out physical education learning in order to improve the ability of students in junior high schools throughout the Stabat sub-district.

Keywords: *Effectiveness, Physical Education Learning in the Covid-19 Pandemic Period.*