

ABSTRAK

KHAIRUL MAT SANI, Nim 6172111004. Survei Keterampilan Teknik Dasar Pada Klub Bola Voli Nusantara Deli Serdang.

(Pembimbing Skripsi : Dr. Suprayitno., M.Pd.,)

Skripsi: Fakultas Ilmu Keolahragaan Universitas Negeri Medan 2021.

Tujuan dari Penelitian ini adalah untuk mengetahui tingkat keterampilan teknik dasar pada atlit Klub Bola Voli Nusantara Deli Serdang. Jenis penelitian ini merupakan penelitian deskriptif dengan metode survei. Teknik pengumpulan data dalam penelitian ini menggunakan instrument indikator penilaian proses dan tes hasil dan teknik analisis data statistik deskriptif dengan persentase. Populasi dalam penelitian ini adalah para atlit Klub Bola Voli Nusantara Deli Serdang yang berjumlah 15 orang. Jumlah sampel dalam penelitian ini adalah populasi keseluruhan (*Total sampling*), yaitu atlit Klub Bola Voli Nusantara Deli Serdang yang berjumlah 15 orang. Berdasarkan hasil penelitian secara keseluruhan dapat disimpulkan bahwa hasil data penilaian proses dan hasil tes *passing bawah* yaitu (13,94), Sehingga hasil data penilaian proses dan hasil tes *passing bawah* bola voli di Nusantara Deli Serdang dikategorikan baik. Hasil data penilaian proses dan tes hasil *passing atas* yaitu (12,63), Sehingga hasil data proses dan hasil tes passing atas bola voli di Nusantara Deli Serdang dikategorikan sangat baik. Hasil data penilaian proses servis atas yaitu (12,81). Sehingga hasil data proses dan hasil tes servis atas bola voli di Nusantara Deli Serdang dikategorikan baik.

Kata Kunci : *Keterampilan, passing bawah, passing atas, servis atas*



ABSTRACT

KHAIRUL MAT SANI, Nim: 6172111004. Basic Technical Skills Survey at Nusantara Deli Serdang Volleyball Club.

(Thesis Supervisor: Dr. Suprayitno., M.Pd.,)

Thesis: Faculty of Sports Sciences Medan State University 2021.

The purpose of this research is to find out the level of basic technical skills at the Nusantara Deli Serdang Volleyball Club athlete. This type of research is descriptive research with survey methods. The data collection techniques in this study used process assessment indicator instruments and test results and descriptive statistical data analysis techniques by percentage. The population in this study was the athletes of The Nusantara Deli Serdang Volleyball Club which amounted to 15 people. The number of samples in this study is the overall population (*Total sampling*), namely the athletes of The Nusantara Deli Serdang Volleyball Club which amounted to 15 people. Based on the results of the overall research it can be concluded that the results of process assessment data and the results of the lower passing test are (13,94), so that the results of process assessment data and the results of the passing test under volleyball in Nusantara Deli Serdang are categorized well. The results of process assessment data and tests of top passing results are (12,63), so that the results of process data and passing test results on volleyball in Nusantara Deli Serdang are categorized well. The results of the assessment data of the upper service process are (12.81). So that the results of process data and service test results on volleyball in Nusantara Deli Serdang are categorized as good.

Keywords: Skill, lower passing, top passing, top serve

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