

## ABSTRAK

**IRA NATASYA BR TARIGAN, NIM. 1153371013. Peran Pengasuh Dalam Peningkatan Kemandirian Anak *Down Syndrome*.(Studi Deskriptif Kualitatif Pada Anak *Down Syndrome* di Yayasan Kesejahteraan Penyandang Cacat/Disabilitas Alpha Omega Kabanjahe).**

Tujuan penelitian ini adalah untuk mendeskripsikan perkembangan anak *down syndrome* di Yayasan Kesejahteraan Penyandang Cacat Alpha Omega Kabanjahe, menggambarkan peran pengasuh dalam kemandirian anak *down syndrome* di Yayasan Kesejahteraan Disabilitas Alpha Omega Kabanjahe dan mendeskripsikan peningkatan kemandirian anak *down syndrome* di Yayasan Kesejahteraan Disabilitas Alpha Omega Kabanjahe. Penelitian ini menggunakan jenis penelitian deskriptif dengan pendekatan kualitatif dilakukan di Yayasan Kesejahteraan Penyandang Cacat/Disabilitas GBKP Alpha Omega Kabanjahe. Teknik pengumpulan data adalah dengan wawancara, observasi, foto dengan informan sebanyak tiga orang yang terdiri dari satu orang Kepala panti, dan dua orang pengasuh panti. Data yang diperoleh dianalisis melalui triangulasi yakni reduksi data, data display dan *conclusion drawing*. Penelitian ini menghasilkan deskripsi perkembangan anak Down Syndrome di Yayasan Kesejahteraan Penyandang Cacat/Disabilitas Alpha Omega Kabanjahe. Hasil penelitian juga menunjukkan peran pengasuh bagi peningkatan kemandirian anak *down syndrome* yayasan kesejahteraan penyandang cacat/disabilitas Alpha Omega Kabanjahe adalah mendidik, membimbing, membina, memotivasi, menjadi teladan, menasihati, dan melatih anak. Hasil penelitian juga menunjukkan bahwa peningkatan kemandirian anak *down syndrome* dalam aspek *self help* dan *self care*, dan secara umum kemandirian dalam *daily living skill*.

**Kata Kunci:** Kemandirian, *Down Syndrome*, Pengasuh

## **ABSTRACT**

**IRA NATASYA BR TARIGAN, NIM. 1153371013. The Role of Caregivers in Increasing the Independence of Down Syndrome Children. (Qualitative Descriptive Study on Down Syndrome Children at the Alpha Omega Kabanjahe Welfare Foundation).**

The purpose of this study was to describe the development of Down syndrome children at the Alpha Omega Kabanjahe Welfare Foundation, to describe the role of caregivers in the independence of Down syndrome children at the Kabanjahe Alpha Omega Disability Welfare Foundation and to describe the increased independence of Down syndrome children at the Kabanjahe Alpha Omega Disability Welfare Foundation. This study uses a descriptive type of research with a qualitative approach conducted at the GBKP Alpha Omega Kabanjahe Welfare Foundation for Persons with Disabilities. Data collection techniques are interviews, observations, photos with three informants consisting of one head of the orphanage, and two caregivers. The data obtained were analyzed through triangulation, namely data reduction, data display and conclusion drawing. This study resulted in a description of the development of Down Syndrome children at the Alpha Omega Kabanjahe Welfare Foundation. The results also show that the role of caregivers in increasing the independence of children with Down syndrome at the Alpha Omega Kabanjahe Welfare Foundation is to educate, guide, foster, motivate, set an example, advise, and train children. The results of the study also showed that there was an increase in the independence of children with Down syndrome in terms of self-help and self-care, and in general independence in daily living skills.

**Keywords:** Independence, Down Syndrome, Caregivers