

## ABSTRACT

**DEWI PUSPA. NIM. 1173351012. Effectiveness of Content Mastery Service through Discussion Methods to Improve Self-Regulated Learning for Class XI Students of SMK T. Amir Hamzah Indrapura for the 2020/2021 Academic Year. Skripsi. Guidance and Counseling Study Program. Faculty of Science Education. Medan State University. 2021.**

This research was conducted to see the effectiveness of content mastery services through the discussion method to improve the low Self-Regulated Learning of SMK T. Amir Hamzah Indrapura students. This type of research is quantitative with a quasi-experimental approach and the number of subjects in this study were 7 students who experienced low self-regulated learning who were taken through a screening process. This study uses a one-group pre-test post-test research design and data collection is carried out by observing and distributing questionnaires to subjects whose results will be analyzed using the Wilcoxon test to determine the effectiveness of content mastery services through the discussion method. Based on the results of providing content mastery services through the discussion method to 7 subjects, the researchers found good results on content mastery services through the discussion method, namely through hypothesis testing which was tested using Wilcoxon, the researchers got the results that  $J_{count} = 10 > J_{table} = 2$ , it can be said that the hypothesis is accept. This is reinforced by the data from each subject that experienced an average percentage increase of 39.45% accompanied by an increase in each indicator where the average percentage was 63.31%. These results indicate that content mastery services through discussion methods are effective for improving Self-Regulated Learning for students of SMK T. Amir Hamzah Indrapura in 2020/2021.

***Keywords : Content Mastery Service, Discussion Method, Self-Regulated Learning***

## ABSTRAK

**DEWI PUSPA. NIM. 1173351012. Efektifitas Layanan Penguasaan Konten Melalui Metode Diskusi Untuk Meningkatkan *Self-Regulated Learning* Siswa Kelas XI SMK T. Amir Hamzah Indrapura Tahun Ajaran 2020/2021. Skripsi. Program Studi Bimbingan dan Konseling. Fakultas Ilmu Pendidikan. Universitas Negeri Medan. 2021.**

Penelitian ini dilakukan guna melihat keefektifan layanan penguasaan konten melalui metode diskusi untuk meningkatkan *Self-Regulated Learning* siswa SMK T. Amir Hamzah Indrapura yang rendah. Jenis penelitian ini ialah kuantitatif dengan pendekatan eksperimen semu (quasi eksperimen) dan jumlah subyek dalam penelitian ini ialah sebanyak 7 siswa yang mengalami *Self-Regulated Learning* rendah yang di ambil melalui proses screening. Penelitian ini menggunakan desain penelitian *one group Pre-test Post-test* serta pengumpulan data dilakukan dengan mengobservasi dan membagikan kuisioner angket kepada subyek yang nantinya hasilnya akan di analisis menggunakan uji wilcoxon guna menentukan keefektifan layanan penguasaan konten melalui metode diskusi. Berdasarkan hasil pemberian layanan penguasaan konten melalui metode diskusi kepada 7 subyek peneliti menemukan hasil yang baik terhadap layanan penguasaan konten melalui metode diskusi yaitu melalui uji hipotesis yang di uji menggunakan *wilcoxon* peneliti mendapatkan hasil bahwa  $J_{hitung} = 10 > J_{tabel} = 2$  maka dapat di katakan hipotesis di terima. Hal ini di perkuat dengan adanya data dari masing-masing subyek yang mengalami peningkatan persentase rata-rata sebesar 39,45% di sertai juga dengan peningkatan masing-masing indikator dimana rata-rata persentasenya sebesar 63,31%. Hasil tersebut menunjukkan bahwa layanan penguasaan konten melalui metode diskusi efektif untuk meningkatkan *Self-Regulated Learning* siswa SMK T. Amir Hamzah Indrapura tahun 2020/2021.

**Kata Kunci : Layanan Penguasaan Konten Metode Diskusi, *Self-Regulated Learning***