

ABSTRAK

AHMAD ZAKI. Pengaruh Layanan Bimbingan Teknik Modeling Simbolis, Layanan Bimbingan Kelompok dan Layanan *Rational Emotive Behaviour Therapy* Terhadap Motivasi Berprestasi Atlet Atletik Tunadaksa PPI NPC Sumatera Utara. Tesis. Medan: Program Pascasarjana. Universitas Negeri Medan, November 2020.

Penelitian ini bertujuan untuk mengetahui pengaruh layanan bimbingan teknik modeling simbolis, layanan bimbingan kelompok dan layanan *rational emotive behavior therapy* terhadap motivasi berprestasi.

Pelaksanaan penelitian pengambilan data dan perlakuan diambil di kantor aula NPC Sumatera utara. Waktu penelitian ini dilaksanakan pada bulan September tahun 2020. Berdasarkan kajian permasalahan yang akan diteliti dan tujuan yang akan dicapai, maka metode yang digunakan dalam penelitian ini merupakan metode regresi dengan analisis jalur untuk analisis datanya. Penelitian ini melibatkan 3 variabel bebas yang akan diteliti dan 1 variabel terikat yaitu motivasi berprestasi (Y), variabel bebasnya merupakan teknik modeling simbolis (X1), layanan bimbingan kelompok (X2) dan *rational emotive behavior therapy* (X3). Teknik pengumpulan data yang digunakan dengan tes angket.

Hasil Penelitian yaitu: 1) Dalam hasil Penelitian bahwa diperoleh nilai t hitung $1,818 > t$ tabel $1,782$ maka layanan modeling berpengaruh positif dan signifikan terhadap motivasi berprestasi. 2) Diketahui nilai t hitung $2,418 > t$ tabel $1,782$ maka layanan kelompok berpengaruh positif dan signifikan terhadap motivasi berprestasi. 3) Diketahui nilai layanan modeling t hitung sebesar $1,818 > t$ tabel $1,782$ sedangkan layanan kelompok t hitung sebesar $2,418 > t$ tabel $1,782$ maka layanan modeling dan layanan kelompok berpengaruh positif dan signifikan terhadap motivasi berprestasi. 4) Diketahui nilai modeling t hitung sebesar $1,818 > t$ tabel $1,782$ sedangkan layanan rebt t hitung sebesar $2,642 > t$ tabel $1,782$ maka layanan modeling dan layanan rebt berpengaruh positif dan signifikan terhadap motivasi berprestasi. 5) Diketahui nilai t hitung $2,642 > t$ tabel $1,782$ maka layanan rebt berpengaruh positif dan signifikan terhadap motivasi berprestasi. 6) Diketahui nilai layanan modeling t hitung sebesar $1,818 > t$ tabel $1,782$, layanan kelompok t hitung sebesar $2,418 > t$ tabel $1,782$ sedangkan layanan rebt t hitung sebesar $2,642 > t$ tabel $1,782$ maka layanan modeling, layanan kelompok dan layanan rebt berpengaruh positif dan signifikan terhadap motivasi berprestasi. 7) Diketahui nilai t hitung sebesar $2,418 > t$ tabel $1,782$ dan layanan rebt t hitung sebesar $2,642 > t$ tabel $1,782$ maka layanan kelompok dan layanan rebt berpengaruh positif dan signifikan terhadap motivasi berprestasi.

Kata Kunci : Bimbingan Kelompok, Modeling Simbolis, REBT.

ABSTRACT

AHMAD ZAKI. The Influence of Symbolic Modeling Technique Guidance Services, Group Guidance Services and Rational Emotive Behavior Therapy Services on Achievement Motivation of the Athletics with Impairment PPI NPC North Sumatra. Thesis. Medan: Postgraduate School. State university of Medan, November 2020.

This study aims to determine the effect of symbolic modeling technical guidance services, group weighing services and rational emotive behavior therapy services on the achievement motivation.

The research data collection collection and treatment was conducted at the office hall NPC North Sumatra in September 2020. The method used in this study is a regression method with path analysis for the data analysis. This study consists of 3 independent variables and 1 dependent variable, as known as achievement motivation (Y), meanwhile the independent variables consists of the symbolic modeling techniques (X1), group guidance services (X2) and rational emotive behavior therapy (X3). The data collection technique used was a questionnaire test.

The results of the study were: 1) The results showed that the t count value was $1.818 > t \text{ table } 1.782$, so modeling services had a positive and significant effect on achievement motivation. 2) It is known that the value of t count $2.418 > t \text{ table } 1.782$, so group services have a positive and significant effect on achievement motivation. 3) It is known that the modeling service t count is $1.818 > t \text{ table } 1.782$ while the t count service group is $2.418 > t \text{ table } 1.782$ so modeling service and group service have a positive and significant effect on achievement motivation 4) It is known that the value of modeling t count is $1.818 > t \text{ table } 1.782$ while services rebt t count is $2.642 > t \text{ table } 1.782$, so modeling services and services rebt have a positive and significant effect on achievement motivation. 5) It is known that the t value is $2.642 > t \text{ table } 1.782$, so rebt service has a positive and significant effect on achievement motivation. 6) It is known as the modeling service t count is $1.818 > t \text{ table } 1.782$, group t count service is $2.418 > t \text{ table } 1.782$ while rebt t count service is $2.642 > t \text{ table } 1.782$ then modeling service, group service and rebt service have a positive and significant effect on achievement motivation. 7) It is known that the value of t count is $2.418 > t \text{ table } 1.782$ and service rebt t count is $2.642 > t \text{ table } 1.782$, group service and rebt service have a positive and significant effect on achievement motivation.

Keywords: Symbolic Modeling Technique Guidance Services, Rebt