

## ABSTRAK

**DEWI HAMDA MUKMININGSIH SIRAIT. Pengaruh Metode Pembelajaran dan Keberanian Terhadap Hasil Belajar Pendidikan Jasmani Siswa Kelas V SD Negeri di Kecamatan Tanah Jawa. Tesis. Medan: Program Pascasarjana Universitas Negeri Medan, Maret 2021.**

Penelitian ini bertujuan untuk memperoleh fakta empiris mengenai pengaruh metode pembelajaran dan keberanian terhadap hasil belajar Pendidikan Jasmani siswa kelas V. Metode penelitian ini adalah eksperimen, dengan desain *by level 2 x 2*. Penelitian dilaksanakan di SD Negeri Kecamatan Tanah Jawa pada siswa kelas V sebanyak 8 kali pertemuan pada bulan September 2020 s/d Oktober 2020. Teknik analisis data menggunakan analisis varian. Instrumen Penelitian menggunakan angket keberanian dan portofolio hasil belajar pendidikan jasmani. Terdapat empat hipotesis penelitian dan hasil penelitian yaitu: 1) Berdasarkan hasil analisis varian pada taraf  $\alpha=0,05$  diperoleh  $F_h > F_t$  yaitu  $4,36 > 4,06$ . 2) Kemudian dilanjutkan dengan uji tukey pada kelompok  $A_1B_1$  dan  $A_2B_1$  dimana  $Q_h = 14,06$  dan  $Q_t = 2,92$ . 3) Kemudian dilanjutkan dengan uji tukey pada kelompok  $A_2B_2$  dan  $A_1B_2$  dimana  $Q_h = 8,12$  dan  $Q_t = 2,92$ . 4) Berdasarkan hasil analisis varian pada taraf  $\alpha=0,05$  diperoleh  $F_h > F_t$  yaitu  $60,80 > 4,06$ . Kesimpulan Penelitian: 1) Terdapat secara keseluruhan perbedaan hasil belajar pendidikan jasmani pada kelompok siswa yang diberi perlakuan metode pembelajaran tematik dan metode pembelajaran konvensional. 2) Hasil belajar pendidikan jasmani pada kelompok siswa yang diberi perlakuan metode pembelajaran tematik yang memiliki keberanian tinggi lebih baik daripada siswa yang diberi perlakuan metode pembelajaran konvensional yang memiliki keberanian tinggi. 3) Hasil belajar pendidikan jasmani pada kelompok siswa yang diberi perlakuan metode pembelajaran konvensional yang memiliki keberanian rendah lebih baik daripada siswa yang diberi perlakuan metode pembelajaran tematik yang memiliki keberanian rendah. 4) Terdapat Interaksi antara metode pembelajaran dan keberanian terhadap hasil belajar pendidikan jasmani.

**Kata kunci: Keberanian, Metode Pembelajaran, Pendidikan Jasmani**

## ABSTRACT

**DEWI HAMDA MUKMININGSIH SIRAIT. The Effect of Learning Methods and Courage on Learning Outcomes of Physical Education in Class V at SD Negeri Tanah Jawa District. Thesis. Medan: Postgraduate Program Universitas Negeri Medan, Maret 2021.**

This study aims to obtain empirical facts about the effect of learning methods and courage on physical education learning outcomes for fifth grade students. This research method is experimental by level 2 x 2 level design. The research was conducted in 8 grades of Tanah Jawa District Elementary School. meetings in September 2020 to October 2020. The data analysis technique uses analysis of variance. The research instrument used a courage questionnaire and a portfolio of physical education learning outcomes. There are four research hypotheses and research results, namely: 1) Based on the results of the analysis of variance at the level  $\alpha = 0.05$ ,  $F_h > F_t$  is  $4.36 > 4.06$ . 2) Then proceed with the Tukey test on groups A1B1 and A2B1 where  $Q_h = 14.06$  and  $Q_t = 2.92$ . 3) Then continued with the Tukey test in groups A2B2 and A1B2 where  $Q_h = 8.12$  and  $Q_t = 2.92$ . 4) Based on the results of the analysis of variance at the level  $\alpha = 0.05$ ,  $F_h > F_t$  was obtained, namely  $60.80 > 4.06$ . Research Conclusions: 1) There are overall differences in physical education learning outcomes in the group of students who were treated with thematic learning methods and conventional learning methods. 2) Physical education learning outcomes in the group of students who were treated with thematic learning methods that had high courage were better than students who were treated with conventional learning methods who had high courage. 3) Physical education learning outcomes in the group of students who were treated with conventional learning methods that had low courage were better than students who were treated with thematic learning methods who had low courage. 4) There is an interaction between learning methods and courage on physical education learning outcomes.

**Keywords: Courage, Learning Methods, Physical Education**

