

DAFTAR PUSTAKA

- Amelia Natasha, Cholis Abrori, M. Ihwan Narwanto. (2015). *Pengaruh Minuman Kopi terhadap VO₂max dan Pemulihan Denyut Nadi pasca Melakukan Treadmill*. Universitas Jember
- Avois, L. Et al. (2006). *Central Nervous System Stimulants and Sport Practice*, *Br J Sports Med*, 40: 16–20
- Badan Standar nasional. (2002). *Minuman energi*. Nomor SNI 01-6684-2002. Jakarta: Badan Standar Nasional
- Baumann, T. W., Gabriel H., (1984). *Metabolism and Excretion of Caffeine During Germination of Coffea Arabica L*, *Plant and cell Physiology*, 25 (8): 1431-1436
- Boutrel, B., & Koob, G.F., (2004). *What Keeps Us Awake: The Neuropharmacology of Stimulants and Wakefulness-Promoting Medications*, *Sleep*, 27: 1181-1194
- BPOM RI Kepala Badan Pengawas Obat Dan Makanan RI No Hk.00.05.23.3644
- Browner, W.S., Black, D., Newman T.B., Hulley S. B., (1998). *Estimating Sample Size and Power*, In: Hullaey SB, Cummings SR, editors, *Designing Clinical Research* (1st ed), Baltimore: Williams & Wilkins, p. 139-158
- Clauson Kevin A. et al. (2008). *Persad Safety issues associated with commercially available energy drinks*. *Pharmacy Today and the Journal of the American Pharmacists Association*
- Duchan E, Neil D. Patel, Cynthia F, (2010). *Energy Drinks: A Review of Use and Safety DOI: 10.3810/psm.2010.06.1796*.
- Famelia Ruri. (2008). *Pengaruh Suplemen Asam Amino Terhadap Ketahanan Dan Kekuatan Otot Mencit Putih (Mus Musculus L)*. Universitas Negeri Padang
- Giriwijoyo, Sidik. (2010). Ilmu faal olahraga. *Fungsi tubuh manusia pada olahraga untuk kesehatan dan prestasi*. Bandung: FPOK UPI
- Gunja & brown. (2012). *Energy drinks: health risks and toxicity*. The Children's Hospital at Westmead, Sydney, NSW.

- Hayati. (2012). *Penggunaan kafein dalam dunia olahraga dan efeknya sebagai ergogenik*. Universitas PGRI
- Herwana, E. et al. (2005). Efek Pemberian Minuman Stimulan Terhadap Kelelahan pada Mencit, *Universa Medicina*, 24: 8-14
- Lukman Hakim. (2015). *Efek Pemberian Kopi Terhadap Glukosa Darah Dan Laktat Darah Selama Dan Sesudah Aktifitas Fisik Submaksimal*. Universitas Airlangga
- Malinauskas BM, et al., (2007). *A Survey of Energy Drink Consumption Patterns Among College Students*, *Nutr J*, 6:35.
- Nienhueser J, Gregory A. Brown, (2009). *Effects of Energy Drinks on Resting and Submaximal Metabolism in College Age Males*, Human Performance Laboratory, Department of Health and Physical Education, University of Nebraska.
- Nawrot, P;S, et al., (2003). *Effect of Caffeine on Human Health*. *Food Additive and Contaminants*, 20:1-30.
- Kelly Pritchett, et al., (2017). *Taurine: A Potential Ergogenic Aid for Preventing Muscle Damage and Protein Catabolism and Decreasing Oxidative Stress Produced by Endurance Exercise*. University of São Paulo
- Kusnanil, N.W., Nasution,J., Hartono,S. (2011). *Dasar-Dasar Fisiologi Olahraga*. Surabaya : Unesa Universty Press
- Putriastuti, R., Kustiyah, L., Anwar, F. (2007). *Persepsi, Konsumsi dan Preferensi Minuman Berenergi*, *Jurnal Gizi Dan Pangan*, 3: 13-25
- Rahmawanto, Dedi (2011). *Persepsi Label Halal Terhadap Keputusan Pembelian Konsumen pada Produk Minuman Berenergi*. Universitas Muhammadiyah Malang
- Rutherford, J. A., Spriet, L. L., and Stellingwerff, T. (2010). *The effect of acute taurine ingestion on endurance performance and metabolism in well-trained cyclists*. *Int. J. Sport. Nutr. Exerc. Metab.* 20, 322–329. doi: 10.1123/ijsnem.20.4.322
- Sara M. Seifert, et al., (2011). *Health Effects of Energy Drinks on Children, Adolescents and Young Adults*, *J Pediatrics*, 7(3): 511-528, DOI:10.1542/peds.2009-3592.
- Sarifin. (2010). *Kontraksi otot dan Kelelahan*. Jurnal Ilara. Vol. I. No. 2
- Spiller GA, (1998). *Caffein*. Boca Raton: CRC Press,pp. 235-236
- Sudjana. (2001). *Metode Statistika*. Bandung. Trsito

Sugiono. (2007). *Metode Penelitian Kuantitatif, Kualitatif dan R&D* Bandung: Alfabeta

Welis et al. (2009). *Gizi dan Olahraga*. Wineka median. Malang

Welis et al. (2013). *Gizi Untuk Aktifitas Fisik dan Kebugaran*. Sukabina Press, Padang

Yang J, S., lin, G., Wu, M., Liu, X. Luan, Q., LV, He Z. ,Jianmin. (2010). *Preventive effect of taurin on experimental type II diabetic nephropathy*. Journal of biomedical science 17 (1) 546.

Yanita McLeay , Stephen Stannard and Matthew Barnes. (2017). *The Effect of Taurine on the Recovery from Eccentric Exercise-Induced Muscle Damage in Males*. School of Sport, Exercise, and Nutrition, Massey University

Zet Rizal, Candra Syuryani, Helmi Arifin. (2013). *Kajian Efek Stimulan Dari Beberapa Minuman Energi Kemasan Sachet Yang Beredar Di Pasaran*. Universitas Andalas.

UNIVERSITAS NEGERI
SUKABANG
UNIMED

THE
Character Building
UNIVERSITY