

# The Influence of Teaching Style and Confident Against the Results of a Study of Shooting in the Game of Football (Experiment Studies the Self Check Style and the Guided Discovery Style at a Private Junior High School Seventh Grader Tembung Sabilina)

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**Abstract**—This research will be carried out at a private JUNIOR HIGH SCHOOL Sabilina Tembung. This research was planned to be carried out on the school year 2017/2018. Phases of this research include the collection of data on the application of confidence, treat the style of teaching, and the collection of data about the results of a study of shooting in the game of football. Implementation of the teaching style of treatment (the self check style and the guided discovery style). As for the timing of the application of the teaching style of treatment (the self check style and the guided discovery style) done for 4 weeks. By the time the research as much as 4 times. Research carried out using experimental methods. The research design used was by level 2 x 2 with three variable research, IE one variable and two free variables. The hypothesis in this study was: there is a difference in learning learning results shooting soccer between the students who were taught by a teaching style self check and style of teaching guided discovery, there is interaction between the teaching style and confident student learning outcomes against shooting learning football, Learning results shooting soccer students who have high confidence that is taught by using the self check style better than the students who have high self taught with the guided discovery learning, results shooting soccer students have low confidence that was taught by using the mengajarsel style check better than students who have low confidence that was taught using styles teach guided discovery.

**Keywords**— shooting, football, teaching style, confident

## I. INTRODUCTION

Physical education is a process of learning through physical activity designed to improve physical fitness, develop motor skills, knowledge and behaviour of healthy and active living, an attitude of sportsmanship, and emotional intelligence. Learning environments are carefully arranged to

enhance the growth and development of the entire realm, physical, cognitive, psychomotor, and affective each student.

According to Abdul Kadir Ateng (1992:4) physical education is an educational effort by use of the large muscle activities to educational process taking place is not hampered by health problems and the growth of the body. As an integral part of the overall educational process, physical education is an effort that aims to develop the area of organic, neuromuscular, intellectually and socially. Physical education contains a great potential to contribute to the growth and development of the child thoroughly when that goal is reached.

In contrast to the opinion of Rusli Lutan (2000:1) physical education it is a vehicle for educating children. Experts agree, that physical education is a "tool" to nurture young children in order to be later able to make the best decisions about physical activity is done and live a healthy life patterns. It can also be defined as a process of education someone as an individual or as a member of the community is done consciously and systematically through a variety of physical activities to gain physical growth, physical health and freshness, abilities and skills, intelligence and character development as well as the harmonious personality within the framework of the formation of human quality based on Pancasila Indonesia.

Next in Kepmendikbud Number 413/u/2004 be declared physical education is an integral part of the overall education that aims to enhance individual organically, neuromuscular, intellectual and emotional activity through physical. Physical education means educational programs through motion or games and sports. In it contained that sense movement, games, or a certain branch of the selected is just another tool to educate. In accordance with the opinion of the Husdarta (2013:17) physical education is an important part of the

educational process. This means that physical education is not just a decoration or ornament affixed on the school program as a tool to make the children busy. Based on the above understanding, it can be concluded that physical education is a process of education that is done through physical activity that can achieve the goal of cognitive, psychomotor and affective a boy.

In a study of physical education in JUNIOR HIGH SCHOOL, big ball games including football. The football material in the implementation of the learning of JUNIOR HIGH SCHOOL is the most frequently performed material students. Implementation of the material as much as 4 x football meetings, and during one of the meetings conducted a 3-hour lesson on 2013, curriculum and one meeting during the 2 hour lesson at KTSP. On the basis of competence, usually 1 dipelajarilah basic football technique consists of: "kick the (shooting), hold (trapping), herding (dribbling), heading (heading), seizing the ball (teackling), throws into (throw in), and a goalkeeper". Because of the football world, and infrastructure that is easily modified to make learning football so favorite in all schools.

The difficulty of doing the shooting because of the many things that support the success of a shooting, as did Mielke (2003:69) is usually a good shooter must remember some principles guide. First try doing the shooting are horizontally adjacent to the ground. Though shooting in the air would seem more dramatic, usually kicks in like it is able to provide larger opportunities. Means how important shooting against this football game.

A very young players usually do shooting from near the goal. When a player's skills, he has to start doing the shooting further away from the goal. A player needs to develop skills dribble the ball control skills and also other ranks, such as receiving a shooting or beaten to the ball. Most opportunities do the shooting came unexpectedly, according to Comments, (2008:154) a player must be ready to capitalize on the opportunity of doing the shooting if time has arrived. The shooting was the kick performed by a player against the target's target (goal).

*Shooting is the purpose of a soccer game. Because through the shooting may be the creation of a touchdown, did Mielke (2003, 69) is normally a good shooter must remember some principles guide. First try doing the shooting are horizontally adjacent to the ground. Though shooting in the air would seem dramatic, usually kicks in like it is able to provide larger opportunities.*

Explain the implemented this football material, but the learning objectives of the game of football in JUNIOR HIGH has not necessarily reached with either. Researchers conducting observations in some Private JUNIOR HIGH schools namely Tembung Sabilina (observation was held on Monday, October 9, 2017 at 08.00 GMT s/d), a private JUNIOR HIGH SCHOOL Alwasliyah (observation was held on Tuesday, October 17, 2017 from 08.00 a.m. EDT until 11.00 PM GMT), SMP N 1 Percut Sei Tuan (observation was held on Thursday, October 19, 2017 at 08.00 GMT s/d is complete), and the JUNIOR HIGH SCHOOL N 2 Percut Sei

Tuan (observation was held on Monday, October 23, 2017 at 08.00 BST until 10.00 PM GMT) , then the researcher Sets the scene of private JUNIOR research Sabilina Tembung/observationally some schools there are problems as follows : 1) The football material is material that is most often implemented during teaching and learning of physical education. In accordance with the interview against the 10 students from each school are known that physical education teachers provide instruction to play ball without doing the stages of learning a technique (in the sense of implementing only a football matter Games). 2) based on the observation that many of the students against students who are not able to do the shooting well because weak cognitive and learning motivation of students especially at student daughter who reluctantly do shooting just focused on doing the passing or kicking it. 3). Learning football at school with games and the implementation is done by the teacher with the command (command), so there is no process of creativity is done to the students, as well as the process of critical thinking against the students. 4) Context of implementation of the learning of physical education football material just to do physical activity (in the sense of the important students do movements without any learning techniques etc), so that the learning objective will never be achieved, techniques in the game of football one shooting could not be done well by the students. 5) Observation on the implementation techniques of shooting, there was still a lot of mistakes at this stage of implementation (i.e. coordination of vision and movement of the foot) which when shooting the students did not know the target of the shooting, so still plenty of ball off of the foot as well as the students are not able to keep her balance. 6) That the number of students who cannot focus when performing kicks, where the coordination of the eyes and feet also has a kick. The bottom line on the implementation of the many students who are not able to complete a kick with the right direction and pas. The following is a table of the results of the assessment of the shooting was done on the football JUNIOR HIGH students Swast Tembung Sabilina on KKM 75, where:

Table 1.1. Assessment data on student JUNIOR Tembung Sabilina

No	Class	Number Student	KKM < 75	KKM > 75
1	VII 1	44	17 Student	27 Student
2	VII 2	38	15 Student	23 Student
3	VII 3	39	13 Student	26 Student
4	VII 4	39	18 Student	21 Student
5	VII 5	44	7 Student	37 Student
6	VII 6	40	18 Student	22 Student

The above data, the data for the assessment of the shooting taken in mid Semester exam T.A. 2017/2018 semester 1. This data is taken as much as 5 x shooting treatment by teachers and assessment criteria exist on the teachers, and that data be used as reference for researchers in determining variable. The research and dirancang dilaksanakan for 4 x the RPP meeting.

The description above is the problem description in outline. And there are still a lot of problems in the implementation of learning material on physical education

football (shooting). Wrong attempt improved results is the implementation of learning style teaching is done by physical education teachers must be different than the command. Teaching styles are selected in this research is the self check style (a style of teaching self check) and the guided discovery style (a style of teaching and discovery of social interactions) by Muska Mosston.

Self check style is known as self check, where according to Mosston, (2008:141) which determines the characteristics of the style of check yourself are doing tasks and engage in self-assessment that is guided by the criteria given by the teacher certain. In the anatomy of self check style, the role of the teacher is to make all of the subject matter, the logistics, the decision criteria in this style, such as keputusan-decision is made in the style of guided discovery and then a decision after the meetings for themselves. Students equate and compare the appearance of the with the criteria set by the teacher. In this style the students run errands with equate and compare it with the criteria determined by the teacher. This is a new responsibility for students, to analyze and assess its work. The decisions before the meeting, and teachers make this decision drafting criteria sheet. From an understanding of the above, it is actually self check style is a method, where there is a way or steps that are organized to achieve learning objectives. Step style check yourself are students doing 3 model material contained on worksheets, with instruction from teachers, students do a third model of material that exists on the worksheet, and after that, each conducting assessment of yourself, in its own self-assessment of the students sued do honesty, sheet assessment given teachers and students filled directly after shooting using the foot part in in the game of football.

In contrast to the style of social interactions, discoveries in Mosston, (2012:213) which determines the characteristics of the invention of social interactions is the design of logical and sequential questions that directs a person to find a response that has been defined earlier in the The Anatomy of social interactions, discovery style role of teacher is to make all the decisions, including the concept of targets that would be found in the design of sequential questions for students. The goal of this style is to look for alternative answers in the form of a motion that asked the teacher. Based on the translation of the invention, then style Mosston social interactions is a method where there are ways and steps to achieve learning objectives. The implementation of the invention of social interactions is explained the purpose of the lesson is reached, which will give students a worksheet, a worksheet containing problems that must be solved students, students should be able to perform the technique on worksheets, discussion of the redirection done in the form of question and answer between the students and teacher before students perform activities invention, students do experiments on dilembar work tasks to find the correct movement of the concept, teachers appreciated the critical thinking to indicate the existence of a the existence of the discovery that students find.

Not just associate style teaching course in improving learning results shooting in the game of football. However, the psychological aspects of supporting learning as a confident

attitude also affect student learning outcomes. Percata self was defined by different experts. The first step in learning about the ability of expressing feelings of self is to understand completely the difference between behavior that is expressing the feelings of the self with the not. Behaviors that are expressing feelings of self is the behavior in which a person exercising a right to declare what it pleases him, reject what is not preferred.

Maximum achievement could be achieved with the existence of physical conditions, techniques, tactics, and especially good mental confidence. Confidence can be interpreted as a psychological or mental condition of a person who gives a strong belief in herself to do or do something the best action. People who are not confident have a negative self concepts, lack of trust in her ability, because it's often just shut down. Many ways to foster the self-confidence and discipline for students learning will carry out the shooting.

Confidence is a psychological or mental condition of a person who gives a strong belief in himself to do. People who are not confident have a negative self concepts, lack of trust in her ability, because it's often just shut down. In daily language, we know the phrase pede intended here is confidence. All people actually have a problem on this one. There are people who feel has lost its sense of self-confidence in almost the entire area of his life.

The confidence for the students to be aware of that at the achievement of their learning will be more motivated, in her. Confidence (self confidence) is the main capital of a person, especially the students to achieve the feat. Students who have the confidence of those students can afford means, and believed himself in reaching maximum achievement.

Taking into account the potential of learners encompassing physical, intellectual potential, personality, attitude and then researchers who conducted a study entitled: the influence of the style of teaching and Learning Outcomes Against Confident Shooting In Football Games (Experimental Study Of The Self Check Style And The Guided Discovery Style At A Private JUNIOR HIGH SCHOOL SEVENTH Grader Tembung Sabilina).

## II. METHOD

Research carried out using experimental methods. Experimental research methods are methods used to find the influence of treatment (treatment) certain (Sugiyono, 2010:12). In this research is to compare two different teaching styles, namely the self check style and the guided discovery style with variable attributes of confident students consisting of high confidence and confidence is low.

## III. DISCUSSION

This research will be carried out at a private JUNIOR HIGH SCHOOL Sabilina Tembung. This research was planned to be carried out on the school year 2017/2018. Phases of this research include the collection of data on the application of confidence, treat the style of teaching, and the collection of data about the results of a study of shooting in



the game of football. Implementation of the teaching style of treatment (the self check style and the guided discovery style). As for the timing of the application of the teaching style of treatment (the self check style and the guided discovery style) done for 4 weeks. By the time the research as much as 4 times.

Research time is supported based on the theory of learning is a result of the changes that occur, such as understanding Gagne in Suprijono (2010:5) States that the results of the study are the capabilities of the students after he accepted the process, the indicator that shows the ability are varied from the most simple to the most complex. The ability of the students which is a change in behavior as evidence of learning may be classified into dimensions or particular categories that each have a formal traits. The core of the study results is such changes the opinion of Slameto, (2010:3) as a result of learning, changes that occur in a person takes place continuously, not static. One change that will cause the next changes and will be useful for subsequent learning as well as life.

The research design used was by level 2 x 2 with three variable research, IE one variable and two free variables. As a variable (the dependent variable) is the result of shooting in learning the game of football and two free variables (the independent variable) is a style of teaching and confident students.

According to the design of research experiments by level 2 x 2 and hypothesis testing is done using analysis of variance (ANAVA) two lanes. However, before you do the analysis then advance will do some testing.

The first is done processing the raw data which aims to find the mean, median, mode, range, raw Byway maximum value and the minimum value. The next frequency distribution visualized through tables and histograms. Next, do the testing requirements analysis and test of normality test IE its homogeneity. After that is done with hypothesis testing using analysis of variance (ANAVA) two lanes and continued with the Tukey test for determining which group that has studied

the shooting results in the game of football better done on significance level  $\alpha = 0.05$ .

#### IV. CONCLUSIONS AND SUGGESTIONS

Conclusions in this study are:

1. There is a difference in learning learning results shooting soccer between the students who were taught by a teaching style self check and style of teaching guided discovery.
2. There is an interaction between the teaching style and confident student learning outcomes learning shooting against football.
3. learning Results shooting soccer students who have high confidence that is taught by using the self check style better than the students who have high self taught with the guided discovery.

Learning Results shooting soccer students who have low confidence that was taught by using the taught style guided discovery better than students who have low confidence that was taught to use the style of teaching self check.

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